

Digital Screening Questions for Caregivers



Smart **GEN** Society

Please circle a number at the end of each question, 1-9.
Select 'yes', 'no' or 'I don't know', 10-11.

| Question | Not at all | Several Days | More than half the days | Nearly every day |
|--|------------|--------------|-------------------------|------------------|
| 1. It is hard for my child to stop using screen media. | 0 | 1 | 2 | 3 |
| 2. Screen media is the only thing that seems to motivate my child. | 0 | 1 | 2 | 3 |
| 3. Screen media is all that my child seems to think about. | 0 | 1 | 2 | 3 |
| 4. My child's screen media use interferes with family activities. | 0 | 1 | 2 | 3 |
| 5. My child's screen media use causes problems for the family. | 0 | 1 | 2 | 3 |
| 6. My child becomes frustrated when they cannot use screen media. | 0 | 1 | 2 | 3 |
| 7. The amount of time my child wants to use screen media keeps increasing. | 0 | 1 | 2 | 3 |
| 8. My child sneaks using screen media. | 0 | 1 | 2 | 3 |
| 9. When my child has had a bad day, screen media seems to be the only thing that helps them feel better. | 0 | 1 | 2 | 3 |
| 10. My child's profiles are set to private on all of their social media accounts. | 0 | 1 | 2 | 3 |
| 11. My child's location services are disabled on all of their social media accounts. | 0 | 1 | 2 | 3 |



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Digital Screening Questions for Minors



Smart **GEN** Society

*Please circle a number at the end of each question, 1-9.
Select 'yes', 'no' or 'I don't know', 10-11.*

| <i>Question</i> | <i>Yes</i> | <i>No</i> | <i>I don't know</i> |
|--|------------|-----------|---------------------|
| 1. Do you use your phone while driving? | Yes | No | I don't know |
| 2. Have you felt like you should use your phone less, but haven't been unable to cut back? | Yes | No | I don't know |
| 3. Is your profile set to private on all of your social media accounts? | Yes | No | I don't know |
| 4. Are you sharing your location on any social media accounts? | Yes | No | I don't know |
| 5. Have you chatted with people online that you have not met in real life? | Yes | No | I don't know |
| 6. Is there anyone that makes you feel unsafe or uncomfortable online? | Yes | No | I don't know |
| 7. Have you ever felt pressured to send photos or videos you would not want seen publicly? | Yes | No | I don't know |
| 8. Have you ever sent or shared any photos or videos you would not want seen publicly? | Yes | No | I don't know |
| 9. Has anyone ever sent you photos or videos that made you feel uncomfortable? | Yes | No | I don't know |
| 10. Do you ever wish social media wasn't a thing? | Yes | No | I don't know |



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